



Fill out the front and back of this sheet. Turn it into your local library no later than Saturday, August 14, 2021 to earn a prize\*. Visit 5 locations and receive a Medal! Visit 10 locations and have a chance to win a \$50 Giant Food Store Gift Card!

**Here are the places I visited:**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**If you went to more than 5 — We congratulate you!**

**If you went to 10, write down where you went.**

- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_

**How many of the Refreshing Moves did you complete?**

\_\_\_ At Least 5      \_\_\_ At Least 10      How many? \_\_\_\_\_

**Tell us your favorite one(s):** \_\_\_\_\_

**Tell us something you learned about Lancaster County, or about a Park, about a Trail or about a Preserve:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Child's Name \_\_\_\_\_ Age \_\_\_\_\_

Street address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Borough/Township/Municipality \_\_\_\_\_ Phone \_\_\_\_\_

School District \_\_\_\_\_ School Name \_\_\_\_\_

Parent or Guardian Name \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_

Email Address \_\_\_\_\_

**Prize Disclaimer:** Delivery and/or exchange of any prizes earned are subject to change. Participants who earn a Medal badge prize will receive congratulatory email with link to this page which will have information on when medals will be awarded. Participants who win a Giant Gift Card will receive congratulatory email with link to the Summer Fitness Quest webpage <https://lancasterlibraries.org/sfq/> which will have information on how to receive the gift card.

**Program Disclaimer:** The producers and sponsors of the maps and text in the Summer Fitness Quest downloadable Lancaster County regions have made every effort to present accurate, up-to-date information. However, trail, park, and/or nature preserve conditions may vary because of weather, property ownership, management and maintenance practices, or other factors. The producers and sponsors of the Summer Fitness Quest program and any and all related content are in no way responsible for personal injury, damage to property, or violation of law in connection with the use of the booklet or a person's activity in the program. Remember to only use open and designated trails, parks, and/or nature preserves. When in doubt, seek and ask permission.

**I HAD A GREAT  
SUMMER EXPLORING!**

